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# JIGSAW OFFALY

Young people's  
health in mind

## "WRITE YOUR MIND"

A Play About Youth Mental Health

Jigsaw Offaly in collaboration with Offaly Youth Theatre  
are launching a Youth Theatre Project to highlight  
Youth Mental Health through the Arts

**WRITE A STORY ABOUT**  
Living with Mental Health Issues

**DRAMATIC MONOLOGUES**

Adapted with Playwright  
Eugene O' Brien (Eden/Pure Mule/Red Rock)

**LIVE Performances**  
Recordings for YouTube & Radio

**SUBMISSION DEADLINE**  
1pm Fri 31st July

*"Actors are agents of change.  
A film, a piece of theatre, a piece of  
music, or a book can make a difference.  
It can change the world."*

Alan Rickman

support • strength • positive • understanding • cope

anxiety • emotions

wellbeing • stigma • guidance • trust • frustrated • help

self-belief • strength

in collaboration with



Short stories/monologues can be sent by email to [offaly@jigsaw.ie](mailto:offaly@jigsaw.ie) or post  
- Jigsaw Offaly, 1 Cormac Street, Tullamore, Co. Offaly marked Theatre Project

**CONTACT: 086 021 8227**  
**E: [angela.ryanwhyte@jigsaw.ie](mailto:angela.ryanwhyte@jigsaw.ie)**

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# "WRITE YOUR MIND"

## A Play About Youth Mental Health

**Jigsaw Offaly invite writers to submit stories or theatrical monologues on the topic of living with mental health issues.**

It could be a character's account of their experience of mental health issues, for example; coping with anxiety, depression, bullying, self-harm, loneliness, relationship difficulties or eating disorders to mention but a few of the challenges that some young people may face on a daily basis. The stories/monologues should feature issues that may affect a young person in the 12-25 age category and will be performed by young actors in this age range.

**Selected accounts will then form the basis of a theatre project.**

Playwright Eugene O' Brien (Eden/Pure Mule/Red Rock) will lead a collaborative process with young actors from Offaly Youth Theatre (OYT) and young people from Jigsaw's Youth Advisory Panel (YAP) in the adaption/editing of a selection of these accounts into dramatic monologues. The end product will be staged in Birr and Tullamore, filmed for YouTube and recorded for radio, over a 12 month process. This will act as an awareness exercise on the topics presented, giving an insight into the reality of Youth Mental Health in contemporary Ireland.

Written accounts can be emailed to [offaly@jigsaw.ie](mailto:offaly@jigsaw.ie) or posted to Jigsaw Offaly, 1 Cormac Street, Tullamore, Co. Offaly marked **Theatre Project**. Typed accounts are preferred and can be from 1-5 A4 pages in length. Jigsaw wish to put the emphasis on stories which will inspire young people to overcome difficult times.

**Deadline: 1 p.m. on Friday July 30th 2015.**

For more info contact: Angela at 057 935 2871/ 086 021 8227 / [angela.ryanwhyte@jigsaw.ie](mailto:angela.ryanwhyte@jigsaw.ie)  
Supported by Offaly County Council Arts Office & Tullamore Credit Union Community Fund.  
See [www.jigsaw.ie/offaly](http://www.jigsaw.ie/offaly) or [www.facebook.com/jigsawoffaly](https://www.facebook.com/jigsawoffaly) for project updates.

